

APX ALARM PRESENTS:

Running with Angels

5K Run/Walk

SATURDAY

June 19, 2010

Thanksgiving Point - Lehi, Utah

Start time - 8:00 a.m.

This run is inspired and hosted by
author and inspirational speaker
Pamela H. Hansen.

Read about Pam's amazing story of
turning personal tragedy into triumph.

Running with Angels

*The Inspiring Journey of a Woman
Who Turned Personal Tragedy into Triumph
Over Obesity* Pamela H. Hansen

Registration information on reverse side.

- T-shirt
- Water bottle
- Giveaways
- Beautiful Garden Scenery

Proceeds
Benefit:



Sponsors:



FM 100.3
Soft Hits...Less Talk



For more information or to register, visit
www.runningwithangels.com or call (801) 357-8735.

Running with Angels 5K Run/Walk

Saturday, June 19, 2010, 8:00 a.m.

Come enjoy a run/walk through the beautiful gardens at Thanksgiving Point. Start/Finish line will be in the parking lot near the Children's Garden entrance. Proceeds go to Women's Services at Utah Valley Regional Medical Center in Provo, Utah. Registration includes a T-shirt, water bottle, food and drinks at the finish area, and giveaways. Although time will be recorded and posted, medals will be given only for 1st, 2nd and 3rd place overall. All participants must register and have a bib, or be an infant in a stroller.

Registration Fee: \$20 through June 5th - \$15 for those under 14 years of age, \$30 thereafter for all ages. Also available: \$10 bibs "In Honor or Memory of" a friend or loved one.

On-line Registration: At www.runningwithangels.com. Online registration closes June 17th, 11:59 p.m.

In-person Registration: At *Runner's Corner*, the SE corner of State Street and 800 South, Orem.

Mail-in Registration: Mail this form to Intermountain University, 1134 N 500 W, Ste 204, Provo, UT 84604. Mail must be postmarked by June 9th. Make checks payable to "Running with Angels 5K."

Phone-In Registration: Call Intermountain University at UVRMC [801] 357-8735.

Please note that, besides On-line, all other registrations close Friday, June 18th at 7:00 p.m. or once registrations reach 1,000. There will be no same-day registrations this year.

Packet Pickup: Runners are encouraged to pick up their packets on Friday, June 18th, 4:00-7:00 p.m. at Utah Valley Regional Medical Center, Northwest Plaza, Clark Auditorium, located at 1134 North 500 West, Provo. You can also pick up packets near the starting line on race day beginning at 6:30 a.m.

Parking: There is parking available prior to and around the start/finish line area at Thanksgiving Point Gardens.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Gender: M F Birth Date: ____ / ____ / ____ Age: _____ Phone: (____) _____

T-Shirt Size: Child - S M Adult - S M L XL XXL
(Child L is the same size as Adult S)

E-mail: _____

In consideration of my entry, I, my executors, administrators, and assignees, waive and release *Running with Angels 5K Run/Walk* on this day of June 19, 2010, all sponsors and others directly or indirectly involved in the event from all rights, claims, liabilities, damages and pain and illness suffered by me, while participating in the race. I attest and verify that I am physically fit and have trained to participate in this event. I also understand that all registration fees are non-refundable.

Runner Signature: _____
Or Parent/Guardian if under 18 years of age.